

Quick Start Guide for Teachers & Educators

Welcome

Thank you for introducing **Success-in-You for Teens** into your classroom or program. This course was designed to be inspiring and practical for all students, regardless of their background or beliefs. While it is built to be inclusive, **parental consent is paramount**—we encourage you to confirm that parents/guardians have previewed and approved their teen’s participation.

How to Use the Course

- ▶ Watch the teacher introduction video to see how the course works.
- ▶ Assign lessons to students individually, in small groups, or as class discussions.
- ▶ Use the workbooks and reflection questions as journaling prompts or group activities.

Best Practices

- ▶ Encourage open conversations—let students share at their own comfort level.
 - ▶ Revisit lessons throughout the year to reinforce growth.
 - ▶ Focus on personal development rather than grades—every student can succeed.
 - ▶ Obtain parental/guardian approval early and keep a record of signed consent forms for your class/program.
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Your Role

As an educator, you provide a safe space for students to explore these lessons. Your encouragement and consistency make the material more meaningful. By honoring the partnership with parents and guardians, you strengthen trust while empowering teens to build confidence, clarity, and direction.

- ▶ **Consent Forms:** Provide parents with a one-page overview of the course and include a sign/return section.
- ▶ **Digital Acknowledgment:** If using an online platform, include a simple checkbox or e-signature confirmation before students begin.
- ▶ **Class Policy:** Remind parents/guardians that they may preview lessons anytime, ensuring full transparency.

Final Thought

*This isn't just a course—it's a shared journey of growth.
With your support as an educator, and the involvement of parents/guardians,
teens gain tools for a stronger, more confident future.*

Date: _____

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